

PREOPERATIVE INSTRUCTIONS

This Information sheet is intended to review important preoperative instructions.

The planned surgery discussed with you is: _____.

The anesthesia option you and Dr. Garrison, Dr. Alderman, or Dr. Kelly have chosen is marked below. Please read and follow all anesthesia instructions carefully.

☐ **LOCAL ANESTHESIA**

- Numbing injections are given in the appropriate area(s).
- It is not necessary to change your eating habits before your appointment.
- Please take any prescription medications as you normally would.

☐ **NITROUS OXIDE AND LOCAL ANESTHESIA**

- Nitrous oxide gas is administered to produce a relaxed, awake state.
- Numbing injections are then given in the appropriate area(s).
- It is not necessary to change your eating habits before your appointment unless instructed otherwise.
- Please take any prescription medications as you normally would.

☐ **INTRAVENOUS ANESTHESIA**

- Intravenous (IV) medications are given to produce a semiconscious or unconscious condition. You will have a nasal mask and IV.
- The numbing injections in surgery are accomplished while you sleep.
- Nothing to eat or drink for at least six hours preoperatively (food or drink).
- You should take any prescription medications as you normally would with a small sip of water.
- You must have a responsible adult with you before, during, and after the procedure to drive you home and watch after you for the remainder of the day.
- You should wear comfortable, loose clothing.
- Remove all of your jewelry before the appointment.
- If you wear contact lenses, please remove them and wear your eyeglasses instead.
- **Remove any nail polish and artificial nails from at least the index finger of each hand before your appointment.** This is very important for monitoring purposes during the procedure.

SPECIAL INSTRUCTIONS:

PLEASE NOTE: It is our office policy that parents, spouses or other family members must remain in the reception area during the patient's surgical procedure.